

### Kalakana.

The following article which appeared in the New York Times is one of a number which have appeared on the subject, but it is by far the wittiest and most readable that we have come across:

His Majesty King Kalakana, of the Hawaiian Islands, who is at present traveling in Europe, has lately been the subject of a good deal of newspaper gossip, the irreverence of which shows how the kingly office has fallen in popular estimation.

It is said that King Kalakana desires to sell his kingdom and to retire to private life. This is very probably true, but at least one of the current stories as to his alleged attempt to sell out to the Chinese should be unhesitatingly disbelieved. We are told that his Majesty made a contract with a Chinese company for the importation of one million Chinamen, upon each one of which an import duty of seven dollars was to be paid. On the arrival of the last invoice of Chinamen the whole million were to be made citizens of Hawaii, and King Kalakana was then to abdicate, taking with him the seven millions of dollars and leaving the Chinamen to elect a Chinese King. This little plot is said to have been prematurely discovered by a Hawaiian Cabinet officer, who, on going to a Chinese laundry to bring home the King's other shirt, overheard the washerman and his assistant congratulating themselves on the approaching conversion of Hawaii into a Chinese province. The King thereupon fled to Europe to escape the indignation of his subjects, and will not return home until the affair is forgotten.

There not being a particle of evidence in support of this grossly improbable story, it would hardly be worth repeating were it not that it may have already suggested to the rulers of small kingdoms an easy way out of their difficulties. The Prince of Bulgaria could not directly sell his subjects to Russia or Austria, but he could readily admit Russian immigrants to Bulgaria, and when the latter should find themselves in a majority he could ostensibly bow to the will of the people, abdicate the throne, and retire to Berlin with \$250—or what other sum the Czar might deem a fair price for Bulgaria—in his pocket. The ingenious and presumably diabolical person who invented the story of King Kalakana's conspiracy with the Chinese may yet find that unprincipled Kings will regard it as a valuable suggestion. There are several European monarchs who would doubtless be glad to retire from business with plenty of money, and it is by no means certain that they would be as scrupulous as King Kalakana is believed to be by all who know him.

King Kalakana is making a mistake in trying to sell his kingdom to any European. The throne market has never been duller than it is at present, and there is not a single European who has been bought up to the kingly trade who would be willing to buy the Hawaiian Islands. Neither Don Carlos nor the ex-Kings of Naples or Hanover, nor Queen Isabella, nor even Ismail Pasha, would dream of exiling themselves from Europe and reigning over a kingdom consisting of missionaries and savages. There is only one man who could be induced to buy out King Kalakana. Mr. Jay Gould will some day grow tired of buying railroads, telegraphs, and steamers, or rather there will be no more left for him to buy, and long before that time the American people will be very tired of Mr. Jay Gould. Would it not be a wise thing for him to buy a nice, quiet little kingdom like the Hawaiian Islands, to which he could retire when there is nothing more left for him to buy? Kalakana should address Mr. Gould by cable without further delay, and if he does not want an extortionate price for his kingdom, it is very probable that he can find a purchaser, and the Hawaiians a new monarch, in the person of King Jay I.—N. Y. Daily Times.

### Sleep.

There is no fact more clearly established in the physiology of man than this, that the brain expands its energies and itself, during the hours of wakefulness, and that these are recuperated during sleep; if the recuperation does not equal the expenditure, the brain withers; this is insanity. Thus it is that in early English history persons who were condemned to death by being prevented from sleep always died raving maniacs; thus it is also that those who are starved to death become insane; the brain is not nourished and they can not sleep. The practical inferences are three:

Those who think most, who do the most work, require most sleep.

That time "saved" from necessary sleep is infallibly destructive to mind, body and estate.

Give yourself, your children, your servants, give all who are under you the fullest amount of sleep they will take by compelling them to go to bed at some regular, early hour, and to rise in the morning the moment they awake of themselves, and within a fortnight nature, with almost the regularity of the rising sun, will unlose the bonds of sleep the moment enough repose has been secured for the wants of the system. This is the only safe and sufficient rule, and as to the question how much sleep any one requires, each must be a rule for himself; great Nature will never fail to write it out to the observer under the regulations just given.

### Bismarck Anxious About Emigration.

A correspondent writes to us from Leipzig as follows: The emigration statistics of Germany are engaging the serious attention of the Imperial Chancellor, who has submitted to the Bundesrath tables showing that during the year 1880 no fewer than 11,454 young men liable to military service quitted the Fatherland for America. As the exodus during the last year was nothing beyond the common, whereas the numbers are assuming really alarming proportions, it seems likely that the military service will be deprived of at least 20,000 young men. The worst feature of the case of course is that the emigration of this class means a two-fold loss to the country—the sinew and backbone of the land are leaving it and the aged, infirm, and children are left behind. It is not a little remarkable perhaps that the chief exodus seems to be from Prussia, Bavaria, with a population equal to one-ninth of the whole of Germany, only supplies one-twentieth of the emigrants, seeming to demonstrate the fact that life in the South is not quite so unendurable as in Prussia itself.—Pall Mall Gazette.

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